

Periklis Iakovakis



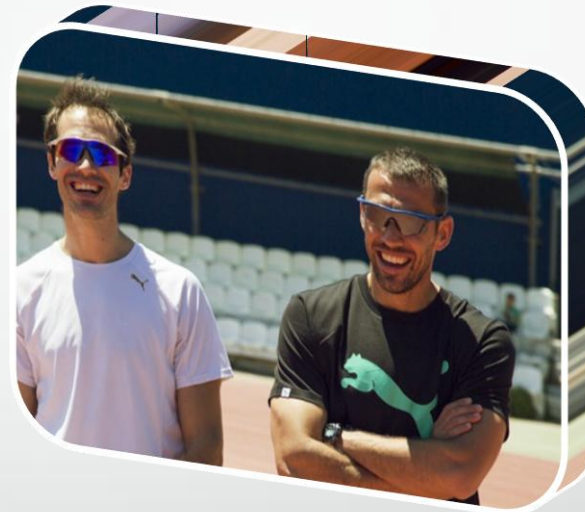
One reason why our country is proud.
His life and successes.

A. His Life

- Born on 24 March 1979 in Patras
- Childhood in Lechaina
- Idol: brother Tomas (athlete)
- Gained attention with his victory at the *1998 World Junior Championships*.
- Married former athlete Afroditi Mentzou on 29 September 2007



Olympic Games, Beijing 2008



Periklis Iakovakis (right), with his brother Tomas Iakovakis (left)



Afroditi Mentzou, with Periklis Iakovakis on their wedding.

B. Successes

Year	Competition	Venue	Position	Event	Notes
1998	World Junior Championships	Annecy, France	1st	400 m hurdles	49.82
1999	World Indoor Championships	Maebashi, Japan	6th (semis)	400 m	
	European U23 Championships	Göteborg, Sweden	3rd	400 m hurdles	
	World Championships	Seville, Spain	3rd (heats)	400 m hurdles	49.53
			6th (heats)	4 x 400 m relay	3:04.07 NR
2000	Olympic Games	Sydney, Australia	3rd (heats)	400 m hurdles	
			5th (heats)	4 x 400 metre relay	
2001	Mediterranean Games	Tunis, Tunisia	1st	400 m hurdles	50.21
	World Championships	Edmonton, Canada	5th (semis)	400 m hurdles	
2002	European Championships	Munich, Germany	5th	400 m hurdles	49.07
2003	European Cup	Florence, Italy	2nd	400 m hurdles	
	World Championships	Paris, France	3rd	400 m hurdles	48.24
			6th	4 x 400 metres relay	
	IAAF World Athletics Final	Monte Carlo, Monaco	6th	400 m hurdles	
2004	Olympic Games	Athens, Greece	11th	400 m hurdles	48.47
			12th	4x400 metre relay	
2005	World Championships	Helsinki, Finland	13th	400 m hurdles	
2006	European Championships	Göteborg, Sweden	1st	400 m hurdles	48.46
	World Athletics Final	Stuttgart, Germany	1st	400 m hurdles	47.92
2007	European Cup	Munich, Germany	1st	400 m hurdles	
	World Championships	Osaka, Japan	6th	400 m hurdles	49.25
2008	European Cup	Annecy, France	1st	400 m hurdles	
	Olympic Games	Beijing, China	8th	400 m hurdles	49.96
2009	European Team Championships	Leiria, Portugal	2nd	400 m hurdles	
	World Championships	Berlin, Germany	5th	400 m hurdles	48.42
	World Athletics Final	Thessaloniki, Greece	3rd	400 m hurdles	
2010	European Championships	Barcelona, Spain	5th	400 m hurdles	49.38
2012	European Championships	Helsinki, Finland	8th	400 m hurdles	50.57
2013	Mediterranean Games	Mersin, Turkey	3rd	4 x 400 m relay	3'07"36



World Championships,
2009 Berlin Germany (5th)



World Championships,
2003 Paris France (3rd)



European
Championships,
2012 Helsinki
Finland (8th)



World Championships,
2009 Berlin Germany

- Coach: Mairy Sotirakopoulou
- First club was "*A.E.L. Lechainon*" and after his club was "*Olympiakos*" and now is "*EKA of Dodoni*".
- In 2010 won the title of the **best athlete of the year** from Club of Friends Classic Athletic.



Broke the Greek 400-meters hurdle record at **47.82 seconds** and represented his country at the 2000, 2004, and 2008 Summer Olympics.



*European Championships,
Spain Barcelona 2010*



World Championship 2012

European Cup, Munich 2007

Interview at JOY



“I struggle with dignity”

Thank you!

Efharisto!

